



SURF'S UP PEDIATRIC DENTISTRY PARENT/GUARDIAN GUIDELINES

PATIENT NAME (Please Print): _____

Dear Parents,

You may choose whether or not you accompany your child during their dental appointments. Some children do better without parents present, but we are open to parents helping us figure out which works best for each child. If you choose to be present, we suggest the following guidelines to improve chances of a positive outcome:

- Allow us to prepare your child
- Be supportive of the Surf's Up terminology
 - We don't use "needles" or "shots". We use "sleepy water" so your tooth can't feel anything.
 - We don't "drill" teeth. We "wash" them.
 - We don't "pull" teeth. We "wiggle" or "dance" them.
 - "Be Brave" is NOT a useful phrase; this implies there is something to fear. Instead encourage them to "Be a good helper".
- Please be a silent observer. Holding your child's hand is a good option for showing your child you are there to support them.
 - This allows us to maintain communication with your child.
 - Children normally listen to their parents instead of us and may not hear our guidance.
 - You might give incorrect or misleading information.
- If asked to leave the room, please understand this is intended to regain a child's focus on the doctor so he can better assist your child.
 - We will continue to support your child at all times.
 - If you choose not to accompany your child, you can always ask a member of the team to check on your child and give you an update.
- We ask that all siblings remain in the waiting room for the duration of the appointment.
 - If siblings are not old enough to play in the waiting room with minimal supervision, please remain with them so that we can proceed with your child's treatment without interruption.

These are very important ways that you can actively help in the success of your child's visit. We are confident that all will go well and hope these guidelines will help prepare you with confidence for the upcoming appointment.

Parent/Legal Guardian Signature: _____ Date: _____